

Building Age Friendly Communities through Falls Prevention

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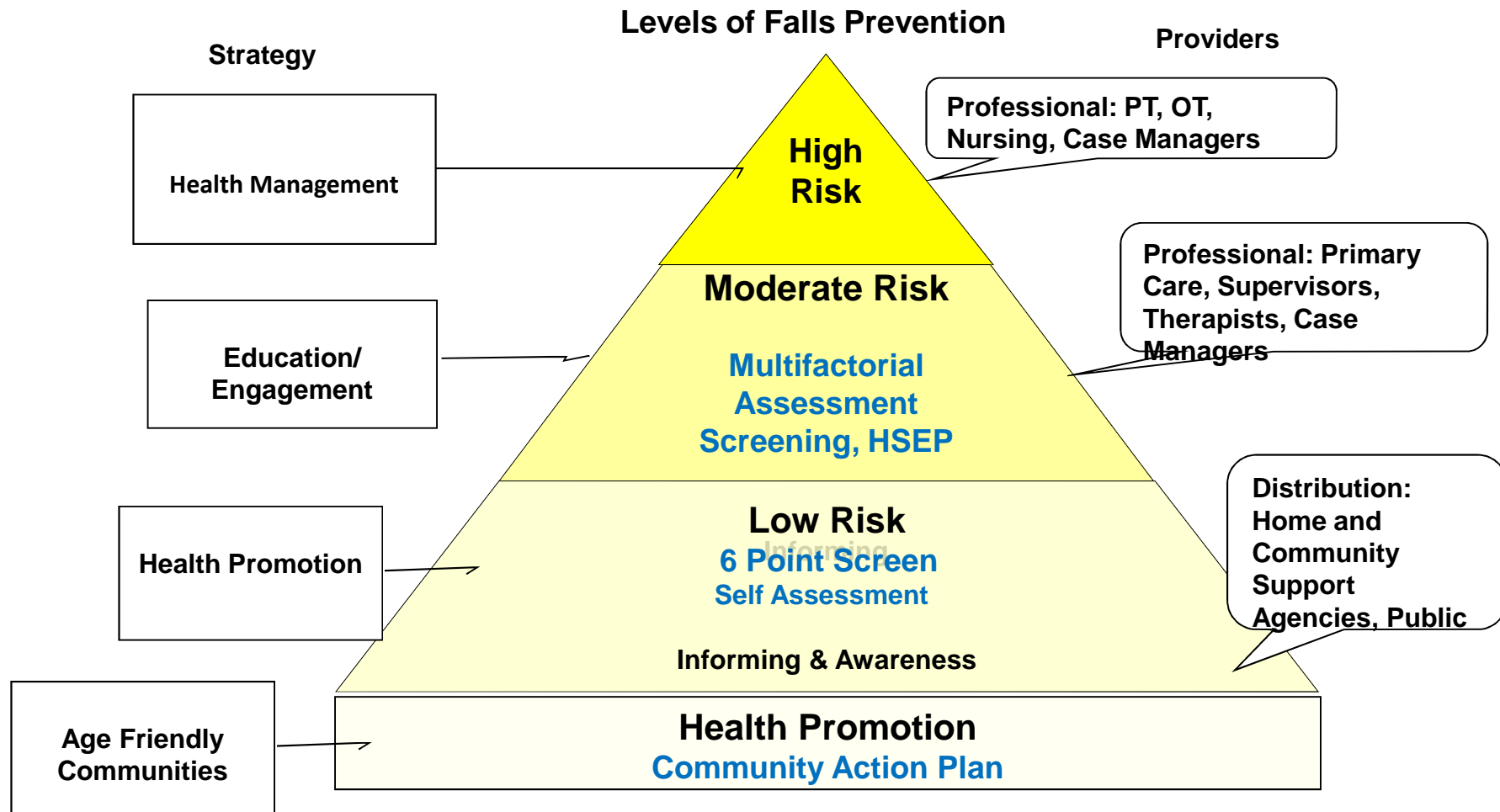


Age Friendly Communities Around the World

- World Health Organization (Age Friendly Cities Guide)
- International Federation on Aging
- Federal/Provincial/Territorial Ministers Responsible for Seniors (Remote and Rural Communities Guide)
- Provincial initiatives across Canada
- Grassroots initiatives at local levels across Ontario

The Story of Grey Bruce Falls Prevention

Grey Bruce Falls Prevention & Intervention Program

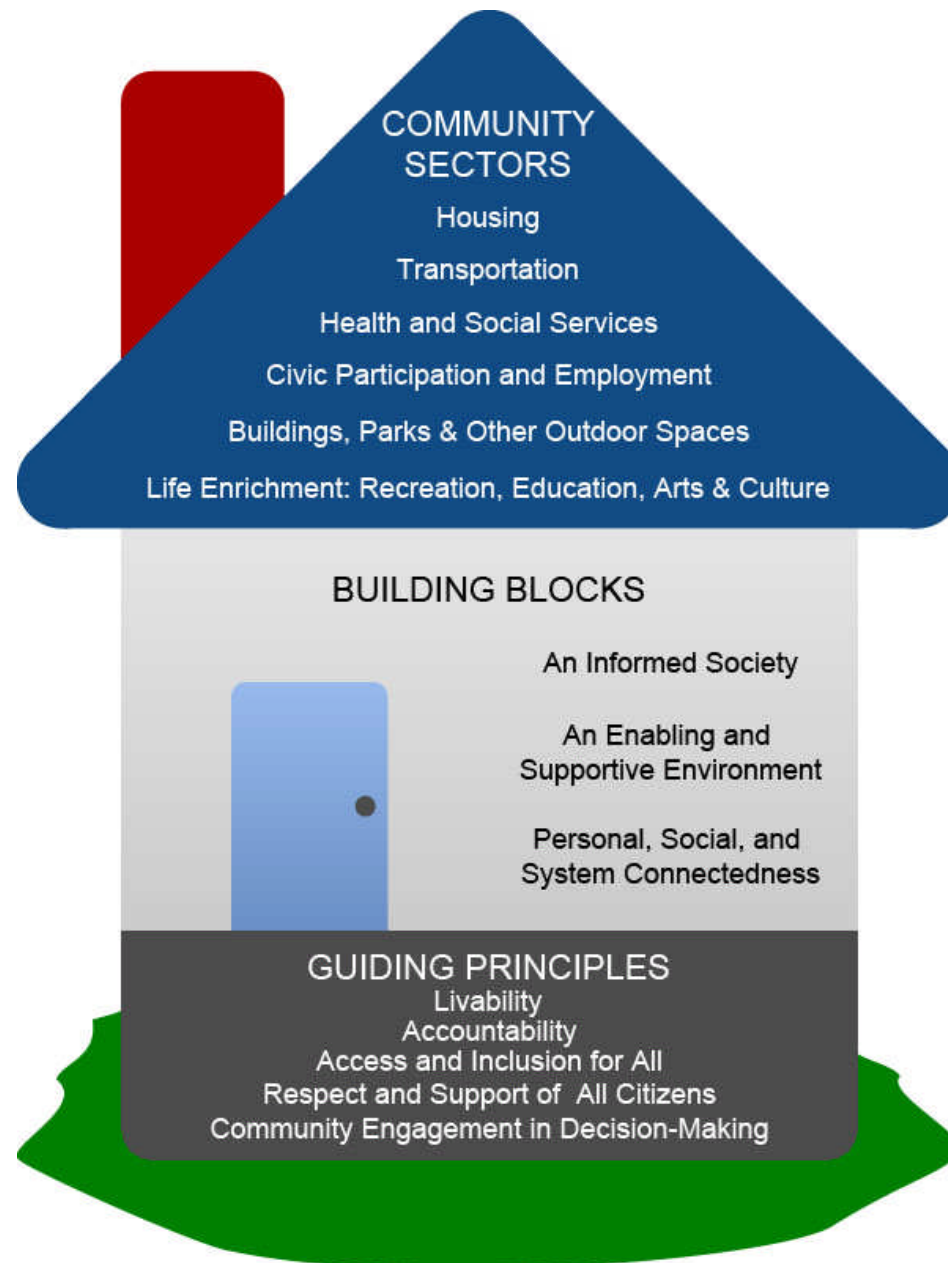


Grey Bruce Falls Prevention & Intervention Program Age Friendly Initiative

Participants asked to consider the suitability of material, construction, condition, obstructions, maintenance and location of:

- Sidewalks, pathways, trails and stairs
- Transportation
- Access
- Public buildings and spaces
- Safety and security
- Policy

What is an Age Friendly Community?



Grey Bruce Falls Prevention & Intervention Program Age Friendly Initiative

Lessons Learned & Next Steps

- Review and evaluate data collected
 - Set and align priorities
- Form an Action Working Group
 - Community led
- Set goals and timelines for actions
- Municipal support
 - Healthy public policy and action

Next Steps

- World Health Organization Global Network of Age Friendly Cities
- Public Health Agency of Canada
- Ontario Seniors' Secretariat
- MAREP Website - Sharing Success Stories

Reflective Questions

- What will you go back to your workplace and share with a colleague?
- What are you/your agency already doing that fits within the age friendly community movement? (i.e. where do you 'fit' in the house model?)
- How can you be creative in further integrating these ideas into what you are already doing?